

# TRIP TO INDIA

DELHI • AGRA • JAIPUR • RISHIKESH

# Holi

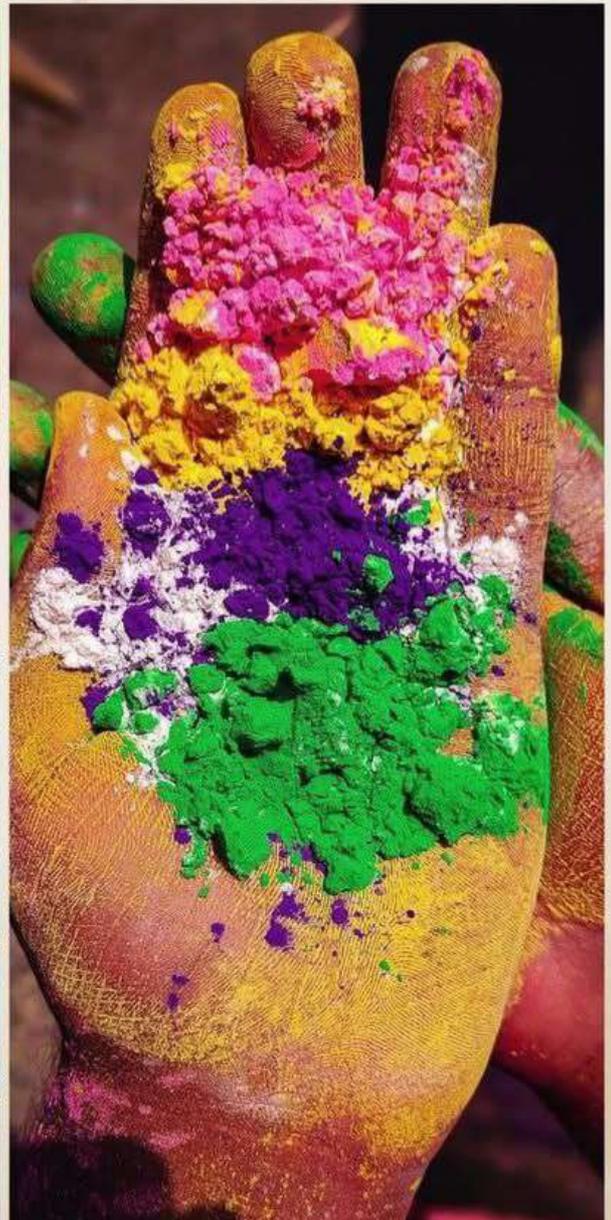
1 - 12 OF MARCH

*mother india travels*

# HOLI

A CELEBRATION OF **NEW BEGINNINGS**, OF LOVE, OF THE VICTORY OF GOOD OVER ALL EVIL. ON THIS DAY, ALL ANIMOSITY IS SET ASIDE; DISTINCTIONS OF SOCIAL CLASS, RELIGION, AND RACE DISAPPEAR. ALL INEQUALITY VANISHES AMONG THE COLORS OF THE FESTIVAL, WHERE EVERYONE BECOMES PART OF THE GREAT **RAINBOW**.

IT IS NICKNAMED THE “**FESTIVAL OF COLORS**” BECAUSE IT IS TYPICALLY CELEBRATED BY THROWING COLORED POWDERS, WHICH WERE TRADITIONALLY PREPARED FROM MEDICINAL HERBS AND GROUND FLOWERS MIXED WITH WATER UNTIL THEY FORMED A POWDER.



ON THE FIRST DAY OF THE FESTIVAL, **HOLIKA DAHAN** TAKES PLACE. ENORMOUS **SACRED BONFIRES** ARE LIT, SYMBOLIZING THE PURIFICATION OF EVIL. IT IS ALSO COMMON TO RUB THE ASHES ON THE BODY AS A FORM OF **PURIFICATION**.

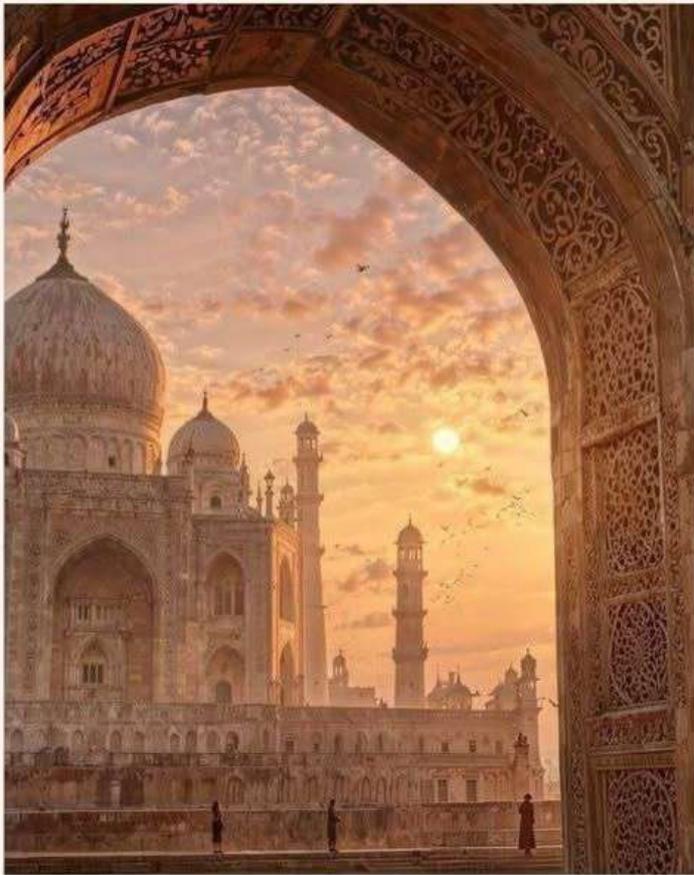
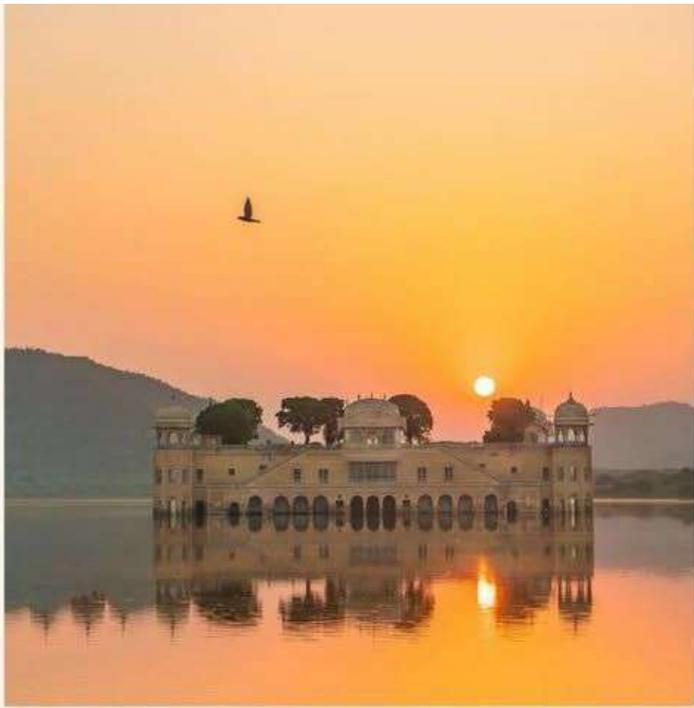
IN THE MORNING, WHEN THE BONFIRES DIE DOWN, THE TRUE CELEBRATION, CALLED **RANGWALI HOLI**, BEGINS, WITH PEOPLE COVERING THEMSELVES IN GULAL, THE FINE COLORED POWDER, AND DRENCHING ONE ANOTHER WITH WATER. THE **COLORS** USED CARRY IMPORTANT MEANINGS, BRINGING THEIR ENERGY AND **INTENTIONS** INTO OUR LIVES AS WELL.

WE WILL EXPERIENCE AN INDIA EVEN MORE **COLORFUL**, ALONG WITH ALL THE **ENERGY, RITUALS, AND TEACHINGS** OF THIS VERY SPECIAL FESTIVAL.



# OUR TRIP WILL INCLUDE

- ✦ **ACCOMMODATION** : SHARED OR PRIVATE OPTIONS IN TRADITIONAL AND COMFORTABLE SETTINGS.
- ✦ **MEALS**: NOURISHING AND AUTHENTIC CUISINE.
- ✦ **AUTHENTIC EXPERIENCES**: PROFOUND EXPERIENCES, BEYOND TOURISM, INTO THE SOUL OF THE CULTURE
- ✦ **SACRED PILGRIMAGES**: VISIT TO POWERFUL TEMPLES AND SACRED SITES
- ✦ **PERSONALIZED GUIDANCE** : FULL SUPPORT THROUGHOUT THE JOURNEY.
- ✦ **ALL INTERNAL TRAVEL** INCLUDED; FLIGHTS, TRANSFERS, AND LOCAL TRANSPORT.
- ✦ **ALL ACTIVITIES** COVERED: NO HIDDEN COSTS
- ✦ **TRAVEL ASSISTANCE**: HELP WITH PREPARATIONS, VISAS, AND ORIENTATION.
- ✦ **COMMUNITY & REFLECTION** : A SANGHA (COMMUNITY) OF LIKE-HEARTED TRAVELERS WITH TIME FOR INTEGRATION.
- ✦ **DAILY YOGA PRACTICES** : TRADICIONAL HATHA YOGA, TAILORED TO EACH PARTICIPANT'S NEEDS, CONNECTING YOGA TEACHINGS WITH THE ESSENCE OF THE JOURNEY.



**INDIA** IS NOT JUST A PLACE YOU VISIT. IT IS A PLACE YOU **FEEL** AND EXPERIENCE.

ITS **MAGIC** LIES IN THE GRAND TEMPLES AND MAJESTIC LANDSCAPES, YES, BUT ABOVE ALL, IN THE SIMPLEST MOMENTS:  
IN THE VIBRATION OF A PRAYER AT SUNRISE, IN THE SHARING OF A CHAI, IN THE **SILENT WISDOM** OF A SMILE OR A GAZE, IN THE LIFE THAT DANCES IN HARMONY WITHIN ITS **CHAOTIC RHYTHM**.

THIS WILL BE A JOURNEY THAT CULTIVATES THAT **PRESENCE** AND **BELONGING**.



WE WILL LIVE A **DEEP IMMERSION** IN THIS LAND THAT WELCOMES  
AND TRANSFORMS US.

OBSERVING, UNDERSTANDING, AND EXPERIENCING IN DEPTH ITS  
**RITUALS, TRADITIONS, AND CULTURE.**

WE WILL WALK BAREFOOT ACROSS THIS LAND. NOT ONLY THROUGH  
ITS MOST **BEAUTIFUL** AND **PEACEFUL** LANDSCAPES, BUT ALSO  
THROUGH **INTENSE** AND **CHALLENGING** STREETS AND TRAILS;  
EXTERNAL AND INTERNAL PATHS THAT LEAD US TO FLOW AND  
**SURRENDER**, TO SEE OUR REFLECTION IN THE OTHER, TO ACCEPT,  
EMBRACE, AND HEAL. PATHS THAT GUIDE US TOWARD THE  
DISCOVERY OF OUR **TRUE ESSENCE.**

